

## BACKGROUND

A VCE Health and Human Development (VCE HHD) app was developed in 2021. The app includes a self-guided experience where students complete activities as they explore the Road to Zero Experience Space at Melbourne Museum, prompting them to apply their understanding of the Ottawa Charter for Health Promotion and the Sustainable Development Goals to the important issue of road safety.

The app includes links to the curriculum and utilises the resources available at Road to Zero. It is available year-round at Melbourne Museum and can be booked for a time that suits teachers and their VCE Units 3 and 4 classes.

## CURRICULUM LINKS

The direct VCE HHD (Units 3 and 4) and Road Safety curriculum links include:

- Unit 3, Area of Study 2 – Promoting health in Australia
- Unit 4, Area of Study 1 – Global health and human development
- Unit 4, Area of Study 2 – Health and the Sustainable Development Goals.

As part of the app development, three modules were developed to aid this learning:

### Module 1: Action Areas

Explore Victoria's road safety health promotion strategy and then apply the action areas of the Ottawa Charter.

### Module 2: Health Promotion Strategies

Consider how the Road to Zero experience reflects the health promotion strategies that underpin the Ottawa Charter.

### Module 3: Sustainable Development Goals (SDGs)

Explore how the Road to Zero experience is working towards achieving SDG 3 key feature 'halve the number of global deaths and injuries from road traffic accidents.'

## IMMERSION PROGRAM

A VCE HHD Immersion Program was developed in 2022 and is located at Road to Zero, Melbourne Museum. The program has been very popular and we have continued to refine and improve it based on feedback from teachers, students and staff through evaluations completed at the end of each program.

The current program runs as follows:

1. Plenary Session (30 mins)
  - Health Promotion and the Ottawa Charter
  - Introduction to Road Safety in Victoria
  - Breakout groups assigned
2. Break (10 mins)
  - Snack of fruit and muffin
  - Toilet break
3. Rotation through x3 breakout sessions (30 mins each, 5 mins between sessions)
  - Road Safety and the Ottawa Charter for Health Promotion
  - Introduction to the Sustainable Development Goals
  - Road to Zero Experience Space

The 2026 program will run for 6 days with 1 session per day: 5–8 and 14–15 May

10:30am–1:00pm

Teachers are welcome to facilitate multiple days

## BREAKOUT SESSIONS

### 1. The Ottawa Charter (OC) for Health Promotion and Road Safety

- This session includes a review of the points covered in the plenary session about the Ottawa Charter (slides and notes provided) – 5 mins.
- A 15-18 min self-guided group activity about the OC and Road Safety:
  - Students break into groups of no more than 5 and perform the activity in our Learning Studio pods using the touch tables.
  - Activities include filling in the blanks, matching statements/pictures to action areas, watching a video and multiple-choice questions.
  - Note: TAC/Road to Zero staff will move around the groups to assist/keep them on track
- The session concludes with a summary and comments from the group.
- If time allows, tips and hints can be provided to the students for the SAC and exam.

### 2. The Sustainable Development Goal 3 and Road Safety

- Goal 3 is introduced to the students with the key feature of halving the number of death and serious injuries on the roads by 2030 (5 mins).
- Students break into groups. Each student gets a 'passport' (booklet) and in groups they rotate through 5 'stations' around the room, answering the questions in the booklet.
- Students get a timed 3-4 mins at each station before they move to the next station (approx. 15-20 mins).
- A wrap-up question is asked of the groups to conclude the session.

## FACILITATOR ROLE

As a facilitator your role will be to:

- Introduce the topic (based on slides and notes provided)
- Introduce the activity and its goals
- Help facilitate the activity, engaging with groups and assisting where required
- Keep to time to ensure students rotate through the sessions efficiently (group leaders will assist with this task)
- Offer any words of wisdom related to the topic as well as any tips and hints for assessments and exams.

All presentations, notes and resources will be provided. Technology and activities will be set-up by the Road to Zero team. We just ask that facilitators become familiar with the presentation, speaking notes and activities prior to session.

