



# Active Insight: Evidence in Action

## Tip #1129



## Developing Shared Community Recreation Opportunities

### Overview

Shared community recreation opportunities strengthen participation, confidence, wellbeing, and belonging through collaborative movement experiences supporting meaningful engagement. Inclusive partnership environments encourage communication, teamwork, and positive decision-making while increasing recreation access and participation pathways. Students benefit from supportive community partnerships promoting motivation, active involvement, and lifelong physical activity participation across educational communities successfully together consistently.

### Key Teaching Ideas

Community partnership experiences strengthen engagement by encouraging communication, collaboration, and meaningful movement participation throughout community settings. Develop community recreation opportunities supporting confidence, teamwork, and positive decision-making during activities. Provide collaborative planning approaches, shared recreation pathways, and reflective discussions helping students strengthen relationships, maintain engagement, and develop sustainable physical activity habits supporting lifelong recreation involvement successfully across communities consistently.

### Practical Application

- Develop community recreation opportunities.
- Provide collaborative planning approaches.
- Create shared recreation pathways.
- Strengthen community engagement regularly.
- Evaluate partnership engagement consistently.

### Next Steps

Access Active Education Australia Resources supporting community recreation partnerships and physical activity engagement.

