



Active Insight: Evidence in Action

Tip #1133



Supporting Student Transition Participation

Overview

Community transition opportunities strengthen participation, confidence, wellbeing, and belonging through inclusive movement experiences supporting meaningful engagement. Inclusive transition environments encourage communication, collaboration, and positive decision-making while strengthening participation pathways and accessibility. Students benefit from supportive transition opportunities promoting motivation, active involvement, and lifelong physical activity participation across educational communities successfully together consistently.

Key Teaching Ideas

Inclusive transition experiences strengthen engagement by encouraging communication, collaboration, and meaningful movement participation throughout recreational settings. Connect students through supportive transition opportunities promoting confidence, teamwork, and positive decision-making during activities. Strengthen supportive participation approaches, flexible recreation strategies, and reflective discussions helping students maintain engagement, strengthen relationships, and develop sustainable physical activity habits supporting lifelong recreation involvement successfully across communities consistently.

Practical Application

- Connect students through transition opportunities.
- Strengthen supportive participation approaches.
- Promote flexible recreation strategies.
- Assess transition engagement regularly.
- Support inclusive transition pathways.

Next Steps

Access The Physical Literacy Framework resources supporting transition participation and inclusive recreation opportunities.

The Physical Literacy Framework is informed by the Australian Physical Literacy Framework (Australian Sports Commission, 2019), contemporary models of holistic physical literacy development (Whitehead, 2010), and research exploring interconnected physical, psychological, cognitive, and social domains supporting lifelong engagement in movement and physical activity.

