



Active Insight: Evidence in Action

Tip #1142



Developing Student Event Leadership

Overview

Student event leadership opportunities strengthen participation, confidence, wellbeing, and belonging through collaborative movement experiences encouraging communication and meaningful engagement. Inclusive leadership environments support teamwork, positive decision-making, and active participation while developing responsibility and leadership confidence. Students benefit from supportive event leadership opportunities promoting motivation, social connection, and lifelong physical activity involvement across educational communities successfully together consistently.

Key Teaching Ideas

Collaborative leadership experiences strengthen engagement by encouraging communication, teamwork, and meaningful movement participation throughout recreational settings. Develop student leadership opportunities supporting confidence, responsibility, and positive decision-making during activities. Create planning participation approaches, supportive leadership strategies, and reflective discussions helping students strengthen relationships, maintain engagement, and develop sustainable physical activity habits supporting lifelong recreation involvement successfully across communities consistently.

Practical Application

- Develop student leadership opportunities.
- Create planning participation approaches.
- Coordinate supportive leadership strategies.
- Strengthen reflective leadership participation.
- Evaluate leadership engagement consistently.

Next Steps

Investigate Respectful Relationships resources supporting collaborative leadership and inclusive participation opportunities.

Respectful Relationships approach is informed by the Resilience, Rights and Respectful Relationships teaching and learning materials (Department of Education and Training Victoria, 2018), social and emotional learning frameworks (CASEL, 2020), and contemporary research in gender equality, consent, and respectful relationship education.

