



Active Insight: Evidence in Action

Tip #1150



Using Technology to Coordinate Recreation

Overview

Technology-supported recreation opportunities strengthen participation, confidence, wellbeing, and belonging through digital movement experiences supporting meaningful engagement and accessibility. Inclusive recreation environments encourage communication, collaboration, and positive decision-making while strengthening coordination and participation pathways. Students benefit from supportive recreation opportunities promoting motivation, active involvement, and lifelong physical activity participation across educational communities successfully together consistently.

Key Teaching Ideas

Digital participation systems strengthen engagement by encouraging communication, collaboration, and meaningful movement participation throughout recreational settings. Use digital coordination opportunities supporting confidence, teamwork, and positive decision-making during activities. Implement supportive participation approaches, inclusive recreation strategies, and reflective discussions helping students strengthen relationships, maintain engagement, and develop sustainable physical activity habits supporting lifelong recreation involvement successfully across communities consistently.

Practical Application

- Use digital coordination opportunities.
- Implement supportive participation approaches.
- Coordinate inclusive recreation strategies.
- Promote reflective participation regularly.
- Monitor technology engagement consistently.

Next Steps

Investigate Assessment planning resources supporting technology coordination and physical activity participation.

