



Active Insight: Evidence in Action

Tip #1156



Building Sustainable Equipment Systems

Overview

Shared equipment opportunities strengthen participation, confidence, wellbeing, and belonging through accessible movement experiences supporting meaningful engagement and collaboration. Inclusive recreation environments support communication, teamwork, and positive decision-making while strengthening organisation and participation pathways. Students benefit from supportive equipment opportunities promoting motivation, active involvement, and lifelong physical activity participation across educational communities successfully together consistently.

Key Teaching Ideas

Shared equipment experiences strengthen engagement by encouraging communication, collaboration, and meaningful movement participation throughout recreational settings. Develop accessible equipment opportunities supporting confidence, teamwork, and positive decision-making during activities. Implement supportive participation approaches, equipment organisation strategies, and reflective discussions helping students strengthen relationships, maintain engagement, and develop sustainable physical activity habits supporting lifelong recreation involvement successfully across communities consistently.

Practical Application

- Develop accessible equipment opportunities.
- Implement supportive participation approaches.
- Develop participation equipment strategies.
- Monitor equipment engagement regularly.
- Explore sustainable recreation opportunities consistently.

Next Steps

Explore The TREE Model resource on Anywhere PD supporting inclusive recreation participation opportunities.

The TREE Approach is informed by inclusive education, adaptive physical activity, and the Australian Sports Commission's Playing for Life philosophy (Australian Sports Commission, 2015).

