



# Active Insight: Evidence in Action

## Tip #1159



## Building Active Community Recreation Partnerships

### Overview

School-community recreation opportunities strengthen participation, confidence, wellbeing, and belonging through collaborative movement experiences supporting meaningful engagement and accessibility. Inclusive recreation environments encourage communication, teamwork, and positive decision-making while strengthening partnership pathways and participation opportunities. Students benefit from supportive recreation opportunities promoting motivation, active involvement, and lifelong physical activity participation across educational communities successfully together consistently.

### Key Teaching Ideas

Collaborative recreation experiences strengthen engagement by encouraging communication, collaboration, and meaningful movement participation throughout community settings. Build community recreation opportunities supporting confidence, teamwork, and positive decision-making during activities. Implement supportive participation approaches, inclusive recreation strategies, and reflective discussions helping students strengthen relationships, maintain engagement, and develop sustainable physical activity habits supporting lifelong recreation involvement successfully across communities consistently.

### Practical Application

- Build community recreation opportunities.
- Implement supportive participation approaches.
- Facilitate inclusive recreation strategies.
- Coordinate community participation regularly.
- Monitor recreation engagement consistently.

### Next Steps

Review Anywhere PD resources supporting community recreation and physical activity participation.

