



Active Insight: Evidence in Action

Tip #1167



Structuring Student Leadership Opportunities

Overview

Accessible leadership opportunities strengthen participation, confidence, wellbeing, and belonging through collaborative movement experiences supporting meaningful engagement and leadership development. Inclusive leadership environments encourage communication, teamwork, and positive decision-making while strengthening participation pathways and accessibility. Students benefit from supportive leadership opportunities promoting motivation, active involvement, and lifelong physical activity participation across educational communities successfully together consistently.

Key Teaching Ideas

Leadership participation experiences strengthen engagement by encouraging communication, collaboration, and meaningful movement participation throughout recreational settings. Schedule leadership opportunities supporting confidence, teamwork, and positive decision-making during activities. Provide accessible leadership approaches, inclusive participation strategies, and reflective discussions helping students strengthen relationships, maintain engagement, and develop sustainable physical activity habits supporting lifelong recreation involvement successfully across communities consistently.

Practical Application

- Schedule leadership opportunities regularly.
- Provide accessible leadership approaches.
- Use inclusive leadership strategies.
- Support student participation consistently.
- Assess leadership engagement regularly.

Next Steps

Access Respectful Relationships resources supporting student leadership and inclusive participation opportunities.

Respectful Relationships approach is informed by the Resilience, Rights and Respectful Relationships teaching and learning materials (Department of Education and Training Victoria, 2018), social and emotional learning frameworks (CASEL, 2020), and contemporary research in gender equality, consent, and respectful relationship education.

