



Active Insight: Evidence in Action

Tip #1168



Developing Leadership Observation Opportunities

Overview

Leadership observation opportunities strengthen participation, confidence, wellbeing, and belonging through observation-based movement experiences supporting meaningful engagement and leadership development. Inclusive leadership environments support communication, teamwork, and positive decision-making while strengthening participation pathways and confidence development. Students benefit from supportive observation opportunities promoting motivation, active involvement, and lifelong physical activity participation across educational communities successfully together consistently.

Key Teaching Ideas

Observation leadership experiences strengthen engagement by encouraging communication, collaboration, and meaningful movement participation throughout recreational settings. Organise leadership observation opportunities supporting confidence, teamwork, and positive decision-making during activities. Use guided leadership approaches, supportive participation strategies, and reflective discussions helping students strengthen relationships, maintain engagement, and develop sustainable physical activity habits supporting lifelong recreation involvement successfully across communities consistently.

Practical Application

- Organise leadership observation opportunities.
- Use guided leadership approaches.
- Strengthen leadership participation consistently.
- Monitor observation engagement regularly.
- Investigate leadership participation consistently.

Next Steps

Investigate Respectful Relationships resources supporting leadership observation and inclusive participation opportunities.

Respectful Relationships approach is informed by the Resilience, Rights and Respectful Relationships teaching and learning materials (Department of Education and Training Victoria, 2018), social and emotional learning frameworks (CASEL, 2020), and contemporary research in gender equality, consent, and respectful relationship education.

