



# Active Insight: Evidence in Action

## Tip #1173



## Developing Leadership Coordination Opportunities

### Overview

Community leadership opportunities strengthen participation, confidence, wellbeing, and belonging through collaborative movement experiences supporting meaningful engagement and leadership development. Inclusive recreation environments encourage communication, teamwork, and positive decision-making while strengthening participation pathways and accessibility. Students benefit from supportive leadership opportunities promoting motivation, active involvement, and lifelong physical activity participation across educational communities successfully together consistently.

### Key Teaching Ideas

Community leadership experiences strengthen engagement by encouraging communication, collaboration, and meaningful movement participation throughout recreational settings. Explore leadership coordination opportunities supporting confidence, teamwork, and positive decision-making during activities. Use authentic participation approaches, reflective leadership strategies, and supportive discussions helping students strengthen relationships, maintain engagement, and develop sustainable physical activity habits supporting lifelong recreation involvement successfully across communities consistently.

### Practical Application

- Explore leadership coordination opportunities.
- Use authentic participation approaches.
- Promote reflective leadership strategies.
- Evaluate leadership engagement consistently.
- Review community participation regularly.

### Next Steps

Review The Physical Literacy Framework resources supporting leadership coordination and participation opportunities.

*The Physical Literacy Framework is informed by the Australian Physical Literacy Framework (Australian Sports Commission, 2019), contemporary models of holistic physical literacy development (Whitehead, 2010), and research exploring interconnected physical, psychological, cognitive, and social domains supporting lifelong engagement in movement and physical activity.*

