



Active Insight: Evidence in Action

Tip #1176



Creating Leadership Team Opportunities

Overview

Inclusive leadership opportunities strengthen participation, confidence, wellbeing, and belonging through collaborative movement experiences supporting meaningful engagement and leadership development. Inclusive recreation environments encourage communication, teamwork, and positive decision-making while strengthening participation pathways and accessibility. Students benefit from supportive leadership opportunities promoting motivation, active involvement, and lifelong physical activity participation across educational communities successfully together consistently.

Key Teaching Ideas

Playground leadership experiences strengthen engagement by encouraging communication, collaboration, and meaningful movement participation throughout recreational settings. Organise leadership team opportunities supporting confidence, teamwork, and positive decision-making during activities. Encourage supportive recreation approaches, shared leadership strategies, and reflective discussions helping students strengthen relationships, maintain engagement, and develop sustainable physical activity habits supporting lifelong recreation involvement successfully across communities consistently.

Practical Application

- Organise leadership team opportunities.
- Encourage supportive recreation approaches.
- Use shared leadership strategies.
- Support reflective leadership discussions.
- Monitor participation engagement consistently.

Next Steps

Explore The TREE Model resource on Anywhere PD supporting inclusive leadership participation opportunities.

The TREE Approach is informed by inclusive education, adaptive physical activity, and the Australian Sports Commission's Playing for Life philosophy (Australian Sports Commission, 2015).

