



Active Insight: Evidence in Action

Tip #1177



Building Student Leadership Media Opportunities

Overview

Media and communication opportunities strengthen participation, confidence, wellbeing, and belonging through creative movement experiences supporting meaningful engagement and leadership development. Inclusive recreation environments encourage communication, teamwork, and positive decision-making while strengthening participation pathways and accessibility. Students benefit from supportive communication opportunities promoting motivation, active involvement, and lifelong physical activity participation across educational communities successfully together consistently.

Key Teaching Ideas

Creative communication experiences strengthen engagement by encouraging communication, collaboration, and meaningful movement participation throughout recreational settings. Design leadership media opportunities supporting confidence, teamwork, and positive decision-making during activities. Create recreation participation approaches, creative leadership strategies, and reflective discussions helping students strengthen relationships, maintain engagement, and develop sustainable physical activity habits supporting lifelong recreation involvement successfully across communities consistently.

Practical Application

- Design leadership media opportunities.
- Create recreation participation approaches.
- Use creative leadership strategies.
- Facilitate supportive participation regularly.
- Evaluate leadership engagement consistently.

Next Steps

Review Active Education Australia Resources supporting communication leadership and participation opportunities.

