



Active Insight: Evidence in Action

Tip #1178



Developing Leadership Transition Opportunities

Overview

Leadership transition opportunities strengthen participation, confidence, wellbeing, and belonging through supportive movement experiences encouraging meaningful engagement and leadership development. Inclusive recreation environments support communication, teamwork, and positive decision-making while strengthening participation pathways and continuity. Students benefit from supportive transition opportunities promoting motivation, active involvement, and lifelong physical activity participation across educational communities successfully together consistently.

Key Teaching Ideas

Transition leadership experiences strengthen engagement by encouraging communication, collaboration, and meaningful movement participation throughout recreational settings. Establish leadership transition opportunities supporting confidence, teamwork, and positive decision-making during activities. Provide leadership mentoring approaches, transition participation strategies, and reflective discussions helping students strengthen relationships, maintain engagement, and develop sustainable physical activity habits supporting lifelong recreation involvement successfully across communities consistently.

Practical Application

- Establish leadership transition opportunities.
- Provide leadership mentoring approaches.
- Use mentoring participation strategies.
- Develop transition leadership routines.
- Assess transition engagement consistently.

Next Steps

Investigate Respectful Relationships resources supporting leadership transitions and inclusive participation opportunities.

Respectful Relationships approach is informed by the Resilience, Rights and Respectful Relationships teaching and learning materials (Department of Education and Training Victoria, 2018), social and emotional learning frameworks (CASEL, 2020), and contemporary research in gender equality, consent, and respectful relationship education.

