



Active Insight: Evidence in Action

Tip #1180



Structuring Shared Leadership Opportunities

Overview

Shared leadership opportunities strengthen participation, confidence, wellbeing, and belonging through collaborative movement experiences supporting meaningful engagement and leadership development. Inclusive recreation environments encourage communication, teamwork, and positive decision-making while strengthening participation pathways and accessibility. Students benefit from supportive leadership opportunities promoting motivation, active involvement, and lifelong physical activity participation across educational communities successfully together consistently.

Key Teaching Ideas

Cross-year leadership experiences strengthen engagement by encouraging communication, collaboration, and meaningful movement participation throughout recreational settings. Organise shared leadership opportunities supporting confidence, teamwork, and positive decision-making during activities. Encourage collaborative participation approaches, shared leadership strategies, and reflective discussions helping students strengthen relationships, maintain engagement, and develop sustainable physical activity habits supporting lifelong recreation involvement successfully across communities consistently.

Practical Application

- Organise shared leadership opportunities.
- Encourage collaborative participation approaches.
- Use collaborative leadership strategies.
- Track leadership engagement regularly.
- Explore shared leadership consistently.

Next Steps

Explore Respectful Relationships resources supporting shared leadership and inclusive participation opportunities.

Respectful Relationships approach is informed by the Resilience, Rights and Respectful Relationships teaching and learning materials (Department of Education and Training Victoria, 2018), social and emotional learning frameworks (CASEL, 2020), and contemporary research in gender equality, consent, and respectful relationship education.

