



Active Insight: Evidence in Action Tip #1181



Designing Recognition Leadership Opportunities

Overview

Leadership recognition opportunities strengthen participation, confidence, wellbeing, and belonging through visible movement experiences supporting meaningful engagement and leadership development. Inclusive recreation environments encourage communication, teamwork, and positive decision-making while strengthening participation pathways and confidence development. Students benefit from supportive recognition opportunities promoting motivation, active involvement, and lifelong physical activity participation across educational communities successfully together consistently.

Key Teaching Ideas

Visible leadership experiences strengthen engagement by encouraging communication, collaboration, and meaningful movement participation throughout recreational settings. Create recognition leadership opportunities supporting confidence, teamwork, and positive decision-making during activities. Celebrate inclusive participation approaches, visible leadership strategies, and reflective discussions helping students strengthen relationships, maintain engagement, and develop sustainable physical activity habits supporting lifelong recreation involvement successfully across communities consistently.

Practical Application

- Create recognition leadership opportunities.
- Celebrate inclusive participation approaches.
- Use visible leadership strategies.
- Create reflective leadership discussions.
- Monitor leadership engagement consistently.

Next Steps

Review Access Active Education Australia Resources supporting recognition leadership and participation opportunities.

Respectful Relationships approach is informed by the Resilience, Rights and Respectful Relationships teaching and learning materials (Department of Education and Training Victoria, 2018), social and emotional learning frameworks (CASEL, 2020), and contemporary research in gender equality, consent, and respectful relationship education.

