



Active Insight: Evidence in Action

Tip #1188



Designing Student-Led Participation Opportunities

Overview

Student-led welcoming opportunities strengthen participation, confidence, wellbeing, and belonging through participatory movement experiences supporting meaningful engagement and leadership development. Inclusive recreation environments encourage communication, teamwork, and positive decision-making while strengthening participation pathways and accessibility. Students benefit from supportive welcoming opportunities promoting motivation, active involvement, and lifelong physical activity participation across educational communities successfully together consistently.

Key Teaching Ideas

Participatory welcoming experiences strengthen engagement by encouraging communication, collaboration, and meaningful movement participation throughout recreational settings. Organise welcoming leadership opportunities supporting confidence, teamwork, and positive decision-making during activities. Welcome inclusive participation approaches, greeting leadership strategies, and reflective discussions helping students strengthen relationships, maintain engagement, and develop sustainable physical activity habits supporting lifelong recreation involvement successfully across communities consistently.

Practical Application

- Organise welcoming leadership opportunities.
- Welcome inclusive participation approaches.
- Use greeting leadership strategies.
- Strengthen participation relationships regularly.
- Assess welcoming engagement consistently.

Next Steps

Investigate Anywhere PD resources supporting participation leadership and sustainable participation opportunities.

