



Active Insight: Evidence in Action

Tip #1196



Coordinating Student-Led Consultation Opportunities

Overview

Recreation consultation opportunities strengthen participation, confidence, wellbeing, and belonging through collaborative movement experiences supporting meaningful engagement and leadership development. Inclusive recreation environments encourage communication, teamwork, and positive decision-making while strengthening participation pathways and accessibility. Students benefit from supportive consultation opportunities promoting motivation, active involvement, and lifelong physical activity participation across educational communities successfully together consistently.

Key Teaching Ideas

Collaborative consultation experiences strengthen engagement by encouraging communication, collaboration, and meaningful movement participation throughout recreational settings. Gather student consultation opportunities supporting confidence, teamwork, and positive decision-making during activities. Use collaborative participation approaches, reflective leadership strategies, and supportive discussions helping students strengthen relationships, maintain engagement, and develop sustainable physical activity habits supporting lifelong recreation involvement successfully across communities consistently.

Practical Application

- Gather student consultation opportunities.
- Use collaborative participation approaches.
- Provide reflective leadership strategies.
- Monitor consultation engagement regularly.
- Explore participation opportunities consistently.

Next Steps

Explore Active Education Australia Resources supporting consultation leadership and sustainable participation opportunities.

