



Active Insight: Evidence in Action

Tip #1205



Structuring Leadership Pathways

Overview

Emerging leadership opportunities strengthen participation, confidence, wellbeing, and belonging through progressive movement experiences supporting meaningful engagement and leadership development. Inclusive recreation environments encourage communication, teamwork, and positive decision-making while strengthening participation pathways and accessibility. Students benefit from supportive leadership opportunities promoting motivation, active involvement, and lifelong physical activity participation across educational communities successfully together consistently.

Key Teaching Ideas

Leadership pathway experiences strengthen engagement by encouraging communication, collaboration, and meaningful movement participation throughout recreational settings. Introduce emerging leadership opportunities supporting confidence, teamwork, and positive decision-making during activities. Encourage progressive participation approaches, reflective leadership strategies, and supportive discussions helping students strengthen relationships, maintain engagement, and develop sustainable physical activity habits supporting lifelong recreation involvement successfully across communities consistently.

Practical Application

- Introduce emerging leadership opportunities.
- Encourage progressive participation approaches.
- Use progressive leadership strategies.
- Maintain reflective participation regularly.
- Track leadership engagement consistently.

Next Steps

Review Respectful Relationships resources supporting leadership pathways and inclusive participation opportunities.

Respectful Relationships approach is informed by the Resilience, Rights and Respectful Relationships teaching and learning materials (Department of Education and Training Victoria, 2018), social and emotional learning frameworks (CASEL, 2020), and contemporary research in gender equality, consent, and respectful relationship education.

