



Active Insight: Evidence in Action

Tip #1210



Developing Recognition Through Everyday Participation

Overview

Everyday participation opportunities strengthen participation, confidence, wellbeing, and belonging through recognition-focused movement experiences supporting meaningful engagement and leadership development. Inclusive recreation environments encourage communication, teamwork, and positive decision-making while strengthening participation pathways and accessibility. Students benefit from supportive recognition opportunities promoting motivation, active involvement, and lifelong physical activity participation across educational communities successfully together consistently.

Key Teaching Ideas

Recognition participation experiences strengthen engagement by encouraging communication, collaboration, and meaningful movement participation throughout recreational settings. Celebrate everyday participation opportunities supporting confidence, teamwork, and positive decision-making during activities. Recognise supportive participation approaches, authentic recognition strategies, and reflective discussions helping students strengthen relationships, maintain engagement, and develop sustainable physical activity habits supporting lifelong recreation involvement successfully across communities consistently.

Practical Application

- Celebrate everyday participation opportunities.
- Recognise supportive participation approaches.
- Use authentic recognition strategies.
- Promote reflective participation regularly.
- Track recognition engagement consistently.

Next Steps

Investigate Respectful Relationships resources supporting recognition leadership and inclusive participation opportunities.

Respectful Relationships approach is informed by the Resilience, Rights and Respectful Relationships teaching and learning materials (Department of Education and Training Victoria, 2018), social and emotional learning frameworks (CASEL, 2020), and contemporary research in gender equality, consent, and respectful relationship education.

