



# Active Insight: Evidence in Action

## Tip #1213



## Creating Peer-Nominated Participation Opportunities

### Overview

Peer recognition opportunities strengthen participation, confidence, wellbeing, and belonging through collaborative movement experiences supporting meaningful engagement and celebration. Inclusive recreation environments encourage communication, teamwork, and positive decision-making while strengthening participation pathways and social connection. Students benefit from supportive peer recognition opportunities promoting motivation, active involvement, and lifelong physical activity participation across educational communities successfully together consistently.

### Key Teaching Ideas

Peer recognition experiences strengthen engagement by encouraging communication, collaboration, and meaningful movement participation throughout recreational settings. Organise peer recognition opportunities supporting confidence, teamwork, and positive decision-making during activities. Showcase supportive participation approaches, reflective leadership strategies, and collaborative discussions helping students strengthen relationships, maintain engagement, and develop sustainable physical activity habits supporting lifelong recreation involvement successfully across communities consistently.

### Practical Application

- Organise peer recognition opportunities.
- Showcase supportive participation approaches.
- Collect reflective participation regularly.
- Rotate celebration opportunities consistently.
- Access recognition engagement regularly.

### Next Steps

Access Respectful Relationships resources supporting peer recognition and inclusive participation opportunities.

*Respectful Relationships approach is informed by the Resilience, Rights and Respectful Relationships teaching and learning materials (Department of Education and Training Victoria, 2018), social and emotional learning frameworks (CASEL, 2020), and contemporary research in gender equality, consent, and respectful relationship education.*

