



Active Insight: Evidence in Action Tip #1214



Designing Recognition Participation Opportunities

Overview

Personal recognition opportunities strengthen participation, confidence, wellbeing, and belonging through growth-focused movement experiences supporting meaningful engagement and celebration. Inclusive recreation environments encourage communication, teamwork, and positive decision-making while strengthening participation pathways and accessibility. Students benefit from supportive recognition opportunities promoting motivation, active involvement, and lifelong physical activity participation across educational communities successfully together consistently.

Key Teaching Ideas

Growth-focused recognition experiences strengthen engagement by encouraging communication, collaboration, and meaningful movement participation throughout recreational settings. Celebrate personal recognition opportunities supporting confidence, teamwork, and positive decision-making during activities. Monitor reflective participation approaches, supportive recognition strategies, and collaborative discussions helping students strengthen relationships, maintain engagement, and develop sustainable physical activity habits supporting lifelong recreation involvement successfully across communities consistently.

Practical Application

- Celebrate personal recognition opportunities.
- Monitor reflective participation approaches.
- Celebrate supportive participation regularly.
- Develop growth participation consistently.
- Share recognition engagement regularly.

Next Steps

Investigate The Physical Literacy Framework resources supporting recognition participation and leadership opportunities.

The Physical Literacy Framework is informed by the Australian Physical Literacy Framework (Australian Sports Commission, 2019), contemporary models of holistic physical literacy development (Whitehead, 2010), and research exploring interconnected physical, psychological, cognitive, and social domains supporting lifelong engagement in movement and physical activity.

