



Active Insight: Evidence in Action

Tip #256



Quick Curriculum Alignment

Overview

Aligning lessons in Years F–6 supports students to demonstrate and apply movement skills and strategies purposefully. Clear connections enhance knowledge, understanding, and skill application. This strengthens planning, assessment, and wellbeing outcomes, ensuring learning remains focused, meaningful, and transferable across physical activity contexts and diverse teaching environments. Consistent alignment between learning intentions, activities, and success criteria also helps students recognise progress and build confidence through achievable and connected learning experiences.

Key Teaching Ideas

Identify clear learning intentions aligned with curriculum expectations. Use simple language and purposeful planning. Match activities to outcomes. Reflect regularly to ensure alignment. Support student understanding by making learning goals visible and meaningful, encouraging application and progress across different movement contexts. Provide clear success criteria and opportunities for feedback so students can recognise achievement, build confidence, and take ownership of their learning.

Practical Application

- Link activities clearly to learning outcomes and student development goals
- Use simple curriculum checklists to guide planning and lesson focus
- Plan with intent ensuring activities support skill and knowledge development
- Reflect on lesson effectiveness to strengthen alignment and teaching impact
- Adjust lessons as needed to improve student learning and engagement

Next Steps

Simplify alignment through clear intentions and reflection. Use planning tools to support consistent curriculum connections and enhance meaningful student learning experiences.

