



Active Insight: Evidence in Action

Tip #257



Checking Curriculum Coverage

Overview

Simple tracking in Years 3–6 helps students apply and practise a range of movement skills across contexts. Monitoring coverage supports balanced programs, progression, and wellbeing. This approach strengthens teacher confidence, ensures diverse learning experiences, and promotes consistent development of skills, knowledge, and application throughout the year. Regular review of learning also helps identify strengths, gaps, and opportunities to adapt teaching to better support student engagement and success.

Key Teaching Ideas

Use simple tracking tools to monitor curriculum coverage and progression. Ensure balance across movement contexts. Reflect regularly to identify gaps. Encourage student awareness of learning. Support inclusive planning that promotes skill development, engagement, and meaningful participation across varied physical activity experiences. Use observations and feedback to guide future planning and ensure all students experience success, challenge, and ongoing growth in movement learning.

Practical Application

- Use curriculum tracking sheets to monitor skills taught across units
- Develop unit overviews outlining key learning and progression clearly
- Apply skill checklists to support consistent assessment and monitoring practices
- Use reflection tools to evaluate teaching and student learning regularly
- Implement planning templates to support organised and balanced program design

Next Steps

Review coverage regularly and adjust planning. Simple mapping tools support balanced programs and ensure all students experience diverse, meaningful physical education learning opportunities. Explore [Active Education Resources](#) for further examples and supporting documents for your planning.

