



Active Insight: Evidence in Action

Tip #259



Mapping Units Made Simple

Overview

Simple unit mapping in Years 3–6 supports students to practise and apply movement skills progressively. Clear planning strengthens knowledge, continuity, and confidence. Structured mapping reduces workload, supports safe and effective sequencing, and enhances wellbeing by ensuring lessons build logically toward meaningful skill development across units and learning experiences over time.

Key Teaching Ideas

Focus on identifying key skills and concepts across the unit to guide clear and purposeful planning. Sequence learning logically to build progression over time. Use simple tools to maintain clarity and organisation. Encourage reflection and adaptability to respond to student needs. This supports consistent, purposeful, and engaging learning experiences across lessons.

Practical Application

- Create unit overview highlighting key skills and learning progression clearly
- Develop simple skill progression charts to guide lesson sequencing decisions
- Identify weekly focus areas to maintain clarity and structured learning
- Use planning templates to streamline organisation and reduce workload efficiently
- Include reflection points to review progress and inform next lessons

Next Steps

Keep mapping simple and focused. Use practical planning tools to support clarity, progression, and manageable unit design across diverse teaching contexts. Further explore [Active Education Resources](#) for further mapping tools and curriculum charts.

