



Active Insight: Evidence in Action

Tip #296



Using Limited Space

Overview

Limited space in Years F–6 can still support active, engaging lessons where students demonstrate movement skills effectively. Adapting activities ensures participation, builds confidence, and supports wellbeing. Creative planning enables meaningful learning opportunities within constrained environments while maintaining safety and engagement. Purposeful organisation, modified tasks, and efficient use of available areas also help maximise participation and ensure students remain active, focused, and confident during lessons.

Key Teaching Ideas

Adapt activities to suit available space using smaller groups and controlled movement. Set clear boundaries and zones. Encourage organisation and awareness, supporting safe participation and helping students remain engaged while developing movement skills effectively. Use purposeful task design and efficient rotations to maximise involvement, maintain lesson flow, and support confident participation within learning environments.

Practical Application

- Use station rotations managing space and maintaining active participation effectively
- Implement small group games supporting control and engagement within limited areas
- Design controlled movement tasks ensuring safety and skill development opportunities
- Adapt activities for indoor spaces maintaining engagement and learning focus
- Use partner activities supporting participation and efficient space utilisation effectively

Next Steps

Plan creatively for space constraints. Adaptable strategies ensure active participation, safety, and meaningful learning in limited physical environments.

