



Active Insight: Evidence in Action

Tip #307



Using Demonstrations Effectively

Overview

Demonstrations in Years F–6 support students to observe, describe, and apply movement skills accurately. Clear modelling enhances understanding, builds confidence, and supports safe participation. This approach strengthens learning and skill development. Purposeful demonstrations that highlight key teaching points also help students recognise successful technique, improve movement quality, and apply skills more effectively during active participation.

Key Teaching Ideas

Use clear, simple demonstrations highlighting key points. Position students for visibility and repeat as needed. Support understanding, helping students apply skills effectively. Combine modelling with questioning and feedback to strengthen confidence, improve technique, and support accurate skill application during learning tasks.

Practical Application

- Model skills clearly supporting understanding and accurate skill execution consistently
- Use student demonstrations reinforcing learning and engagement during lessons
- Highlight key teaching points focusing attention on essential skill components
- Repeat demonstrations supporting clarity and student confidence in performance
- Use visual cues supporting understanding and independent skill application

Next Steps

Use demonstrations consistently. Clear modelling supports understanding, confidence, and effective skill development in physical education.

