



Active Insight: Evidence in Action

Tip #308



Clear Learning Intentions

Overview

Clear intentions in Years 3–6 support students to apply and refine movement skills with purpose. Understanding goals enhances engagement, builds confidence, and strengthens learning outcomes. This approach supports meaningful participation and skill development. Linking activities to clear success criteria also helps students recognise progress, reflect on learning, and apply skills more effectively during physical education lessons.

Key Teaching Ideas

Communicate clear, simple learning intentions. Refer to them throughout lessons. Support reflection, helping students understand purpose and apply learning effectively. Reinforce success criteria through questioning and feedback so students can recognise progress, build confidence, and engage more meaningfully in learning tasks. Encourage students to articulate what they are learning, why it matters, and how they can apply these skills and understandings in different contexts.

Practical Application

- Share learning intentions at lesson start supporting clarity and engagement
- Refer to goals during activities reinforcing purpose and understanding consistently
- Use simple language ensuring accessibility and student comprehension effectively
- Encourage student explanation linking actions to learning intentions clearly
- Reflect on outcomes supporting understanding and meaningful learning connections

Next Steps

Use [The Ultimate PE Program](#) to help further inform your planning. Clear intentions strengthen understanding, engagement, and purposeful learning across physical education lessons.

