



Active Insight: Evidence in Action

Tip #369



Embedding Assessment Naturally

Overview

Embedded assessment in Years 3–10 supports students to demonstrate and apply movement skills authentically. Integrating assessment enhances engagement, supports wellbeing, and improves teaching decisions. This approach ensures learning remains meaningful and continuous. Ongoing observation, feedback, and reflection within learning activities help students recognise progress, build confidence, and apply skills effectively across varied movement contexts.

Key Teaching Ideas

Integrate assessment into activities using observation and questioning. Avoid separate testing. Support authentic learning, helping students demonstrate skills in meaningful contexts. Use ongoing feedback and reflection to guide improvement so students remain engaged, confident, and able to apply movement skills effectively during participation.

Practical Application

- Observe gameplay assessing skill application and decision making effectively
- Use questioning during activities supporting real-time assessment insights consistently
- Provide feedback during play supporting immediate learning improvements effectively
- Use exit tasks assessing understanding and learning outcomes clearly
- Encourage self-assessment supporting awareness and learning progress consistently

Next Steps

Embed assessment within learning. Authentic approaches improve engagement, understanding, and meaningful outcomes in physical education.

