



Active Insight: Evidence in Action

Tip #423



Active Learning Without Losing Control

Overview

Structured movement in Years F–6 supports students to practise strategies for safe and active participation. Clear expectations strengthen behaviour, improve engagement, and support effective teaching. This approach ensures lessons remain active while maintaining control and positive learning environments.

Key Teaching Ideas

Combine clear expectations with consistent routines. Teach movement behaviours explicitly and model expectations. Reinforce through practice, supporting students to manage behaviour, remain engaged, and participate confidently in structured movement activities.

Practical Application

- Practise start and stop routines building control and responsiveness consistently
- Use visual cues supporting clear understanding of movement expectations always
- Assign roles within groups supporting organisation and shared responsibility
- Use timers providing structure and maintaining lesson pace effectively
- Reflect on behaviour expectations reinforcing positive participation consistently

Next Steps

Strengthen routines through [Anywhere PD Learn and Go Videos](#). Clear structures support active engagement while maintaining control and effective classroom management.

