



Active Insight: Evidence in Action

Tip #442



Peer Observation for Growth

Overview

Peer observation in Years 3–6 supports teachers to apply and refine strategies that enhance student engagement, participation and learning within movement-based experiences. Collaborative reflection and shared observation can build teacher confidence, strengthen teaching practice and support a shared understanding of effective movement integration across learning contexts. Working together through observation and feedback promotes continuous improvement, encourages professional growth and enhances the quality of teaching within physical activity and active learning environments.

Key Teaching Ideas

Use peer observation opportunities to share practical movement strategies, reflect on teaching approaches and identify effective practices that support student engagement and learning. Encourage collaborative discussion, constructive feedback and shared problem-solving to strengthen confidence and build consistent approaches across teaching teams. Focus observations on student participation, movement integration and learning outcomes to support continuous improvement and enhance teaching quality within physical activity contexts.

Practical Application

- Observe a colleague's lesson focusing on active teaching strategies clearly
- Provide constructive feedback supporting reflection and professional growth outcomes
- Share effective strategies strengthening teaching consistency across classrooms collaboratively
- Reflect together identifying strengths and areas for improvement effectively
- Set goals guiding ongoing development and improved teaching practice consistently

Next Steps

Build a coaching culture through structured observation. Collaborative approaches strengthen teaching quality, confidence, and consistent active learning practices across the school.

