



Active Insight: Evidence in Action

Tip #443



Feedback That Grows Practice

Overview

Effective feedback in Years 3–6 supports students to refine, apply and improve movement strategies with increasing confidence and understanding. Clear and actionable feedback can strengthen knowledge, improve performance and support student wellbeing by helping students recognise progress and identify next steps for learning. Providing regular and supportive feedback encourages continuous improvement, increases engagement and helps students understand how to develop skills through meaningful participation in structured physical activity contexts.

Key Teaching Ideas

Provide clear, specific and actionable feedback that helps students understand what they are doing well and how they can improve movement skills and participation. Use positive encouragement, demonstrations and reflective questioning to support confidence, strengthen understanding and guide ongoing skill development. Create regular opportunities for self-reflection, peer feedback and goal setting to help students engage meaningfully, recognise progress and apply feedback effectively within structured movement and physical activity experiences.

Practical Application

- Use structured feedback frameworks guiding clear and consistent improvement conversations
- Implement peer feedback activities supporting collaboration and shared learning development
- Encourage self-reflection helping students identify strengths and improvement areas independently
- Set individual goals supporting progression and ongoing skill development consistently
- Hold follow-up discussions reinforcing feedback and supporting continuous improvement processes

Next Steps

Use coaching strategies to strengthen feedback impact. Consistent approaches support ongoing development and help students refine skills confidently across lessons.

