



Active Insight: Evidence in Action

Tip #461



Planning for Progression F–10

Overview

Planning across Years F–10 supports students to develop and extend movement skills progressively across a range of learning areas and experiences. Structured and connected planning approaches can strengthen continuity, build confidence and support student wellbeing by ensuring movement learning develops purposefully over time. Embedding clear progression across primary and secondary contexts helps create meaningful learning experiences that support active participation, skill development and long-term engagement in movement and physical activity.

Key Teaching Ideas

Use structured and progressive planning approaches that connect movement learning across year levels, subjects and learning contexts. Build on prior knowledge and skills by providing consistent opportunities for students to practise, apply and refine movement experiences over time. Use adaptable and inclusive strategies that support continuity, strengthen confidence and promote meaningful participation while helping students engage successfully in connected movement-based learning experiences.

Practical Application

- Map progression supporting continuity across primary and secondary learning contexts
- Use shared planning supporting alignment and consistency across teaching teams
- Revisit key concepts supporting deeper understanding and skill development
- Use assessment guiding progression and learning development outcomes effectively
- Align learning intentions supporting clear progression and understanding consistently

Next Steps

Use whole-school planning approaches. Clear progression supports consistency, confidence, and meaningful learning across year levels.

