



Active Insight: Evidence in Action

Tip #464



Aligning Movement Across Learning Areas

Overview

Alignment in Years F–10 supports students to apply movement skills and learning strategies across multiple curriculum areas and learning contexts. Connecting movement with different subjects can strengthen understanding, build confidence and support student wellbeing through active and meaningful participation. Integrating movement across learning areas helps students make connections between concepts, apply skills in varied situations and engage more deeply in purposeful and connected learning experiences throughout the school environment.

Key Teaching Ideas

Connect movement activities to learning goals across different subjects to help students apply knowledge and skills in meaningful ways. Use integrated and purposeful learning experiences that encourage active participation, collaboration and problem-solving across a variety of contexts. Encourage consistent and inclusive approaches that strengthen understanding, support wellbeing and help students build confidence while engaging in connected movement-based learning experiences.

Practical Application

- Link movement to literacy and numeracy supporting understanding and engagement
- Use shared language supporting consistency across learning areas and contexts
- Integrate movement tasks reinforcing key concepts across subjects consistently
- Plan collaboratively aligning outcomes across teaching areas effectively
- Use reflection supporting connections across learning experiences clearly

Next Steps

Use cross-curricular planning approaches. Integration strengthens engagement, understanding, and meaningful learning across all subject areas.

