



Active Insight: Evidence in Action Tip #466



Building Confidence in Cross-Year Planning

Overview

Confidence in planning across Years F–10 supports teachers to deliver connected, progressive and purposeful movement learning experiences across a range of contexts. Clear planning systems can enhance consistency, reduce workload and support teacher wellbeing by making movement integration more manageable and sustainable. Strengthening confidence in planning helps improve teaching capability, support active participation and promote meaningful movement experiences across primary and secondary learning environments.

Key Teaching Ideas

Use clear and simple planning structures that help teachers embed movement consistently across lessons and learning areas. Focus on purposeful movement experiences that connect to learning goals and support progressive skill development across year levels. Encourage collaboration, reflection and shared planning approaches to reduce workload, strengthen confidence and support sustainable movement integration practices that enhance engagement and wellbeing.

Practical Application

- Start with simple plans supporting manageable cross-year implementation approaches
- Use progression maps supporting clarity and structured learning development outcomes
- Share planning responsibilities supporting collaboration and reduced workload consistently
- Use templates supporting consistent and efficient planning across contexts
- Reflect on planning supporting ongoing improvement and teaching effectiveness

Next Steps

[Use Anywhere PD](#) to build planning confidence. Simple systems support clarity, consistency, and effective cross-year teaching practice.

