



Active Insight: Evidence in Action

Tip #467



Supporting All Staff to Use Movement

Overview

Supporting staff in Years F–10 enables consistent movement integration that strengthens student engagement, participation and wellbeing across a range of learning contexts. Practical and achievable strategies can build teacher confidence, reduce barriers to implementation and support active learning throughout the school day. Providing ongoing support and shared approaches helps strengthen whole-school consistency and promotes sustainable movement integration across primary and secondary settings.

Key Teaching Ideas

Provide practical and manageable movement strategies that staff can easily implement across lessons, transitions and classroom routines. Use collaborative planning, shared resources and clear communication to build confidence, reduce barriers and support consistent implementation across teaching teams. Encourage reflection, professional learning and supportive whole-school practices that help staff strengthen engagement, support wellbeing and promote meaningful student participation through movement.

Practical Application

- Provide ready-to-use activities supporting immediate and confident implementation
- Share examples supporting understanding and effective movement integration practices
- Encourage peer support supporting confidence and shared teaching approaches
- Offer guidance supporting consistent and effective lesson delivery across staff
- Celebrate success reinforcing confidence and ongoing staff engagement consistently

Next Steps

[Use Anywhere PD Learn and Go Videos](#) to support staff. Practical strategies build confidence and strengthen whole-school movement integration effectively.

