



Active Insight: Evidence in Action

Tip #468



Building Shared Understanding Across Staff

Overview

Shared understanding in Years F–10 supports consistent movement integration across teaching teams and learning environments. Clear communication and collaborative planning can strengthen teacher confidence, improve implementation and support student wellbeing by creating aligned and purposeful movement practices. Developing a common understanding of movement integration helps strengthen whole-school consistency, encourage active participation and support sustainable teaching approaches across primary and secondary settings.

Key Teaching Ideas

Establish shared expectations and clear communication around movement integration across teaching teams and school settings. Use collaborative planning, consistent language and practical examples to support confident and effective implementation across different learning contexts. Encourage regular reflection, teamwork and shared professional learning to strengthen consistency, support wellbeing and promote sustainable whole-school movement practices.

Practical Application

- Use shared language supporting clarity and consistency across teaching teams
- Provide examples supporting understanding and effective implementation practices consistently
- Facilitate discussions supporting shared understanding and collaboration outcomes
- Use visual guides supporting clarity and accessible implementation strategies
- Align expectations supporting consistent delivery across classrooms and contexts

Next Steps

Build shared understanding through communication. Consistency strengthens implementation, engagement, and meaningful movement experiences across school.

