



Active Insight: Evidence in Action

Tip #490



Active Learning Across Subjects

Overview

Active learning in Years F–10 supports students to apply knowledge through movement across a range of subjects and learning experiences. Integrating movement into everyday teaching can increase engagement, strengthen confidence and support student wellbeing through active participation and interaction. This approach helps students make meaningful connections between concepts, deepen understanding and participate more fully in the learning process across different curriculum areas.

Key Teaching Ideas

Use movement-based activities that connect directly to learning goals across subjects and encourage students to apply knowledge in practical and engaging ways. Provide opportunities for collaboration, creativity and problem-solving so students can actively explore concepts and build understanding through participation. Use inclusive and consistent strategies that support confidence, wellbeing and meaningful engagement, helping students remain active, focused and involved in learning.

Practical Application

- Use movement reinforcing literacy and numeracy concepts across lessons consistently
- Design cross-curricular tasks supporting engagement and understanding effectively
- Use questioning linking movement to learning outcomes clearly
- Facilitate reflection supporting connections across subject learning experiences
- Use varied strategies supporting engagement and meaningful participation consistently

Next Steps

Use integrated approaches consistently. Movement strengthens engagement, understanding, and meaningful cross-curricular learning.

