



Active Insight: Evidence in Action

Tip #517



Quick Setup Activity Programs

Overview

Simple setup in Years F–6 supports students to participate in movement activities across varied contexts. Efficient organisation reduces barriers, strengthens engagement, and enhances accessibility. This approach ensures programs run smoothly and students remain active and involved. It encourages students to transition confidently, access activities easily, and remain focused during movement experiences. Streamlined setup practices support participation, organisation, and positive engagement across physical activity contexts.

Key Teaching Ideas

Use simple setup strategies that support smooth organisation and active participation in movement experiences. Apply clear routines, accessible equipment, and efficient transitions to strengthen engagement and accessibility. Encourage students to manage materials responsibly, follow expectations, and participate confidently across activities. Provide opportunities for collaboration, independence, and practising organisational skills within physical activity contexts. Foster supportive environments that build wellbeing, confidence, participation, and meaningful engagement.

Practical Application

- Pre-set equipment stations supporting efficient setup and immediate participation
- Use simple activity cards guiding quick understanding and engagement consistently
- Start with quick games ensuring immediate involvement and active participation
- Display clear signage supporting organisation and independent participation behaviours
- Use student helpers supporting setup and shared responsibility during programs

Next Steps

[Explore Anywhere PD resources](#) and ideas for efficiency. Simple setup strategies support accessible, engaging programs and maximise active participation opportunities.

