



Active Insight: Evidence in Action

Tip #525



Recognising Participation

Overview

Recognising participation in Years F–6 supports students to value effort and engagement in movement activities. This builds confidence, promotes inclusion, and enhances wellbeing. Shifting focus from performance to participation supports positive learning experiences for all students. It encourages students to participate actively, recognise personal achievements, and develop positive attitudes towards movement and physical activity. Participation-focused recognition helps create supportive environments that strengthen belonging, motivation, and engagement.

Key Teaching Ideas

Create opportunities for students to experience recognition through effort, engagement, and active participation in movement activities. Use inclusive celebrations, encouragement, and supportive feedback to strengthen confidence and wellbeing. Encourage students to value progress, participate positively, and recognise achievements across different physical activity experiences. Provide opportunities for reflection, collaboration, and celebrating involvement within varied movement contexts. Foster inclusive environments that build belonging, motivation, confidence, and meaningful participation.

Practical Application

- Use participation awards recognising effort and engagement across all learners
- Provide effort shout-outs reinforcing positive behaviours and participation consistently
- Create class boards displaying participation and progress achievements regularly
- Use daily acknowledgements supporting motivation and inclusive recognition practices
- Celebrate team efforts promoting collaboration and shared success experiences

Next Steps

Build inclusive recognition systems. Simple and consistent routines that celebrate effort, teamwork, improvement, and participation help strengthen confidence, engagement, and meaningful involvement across physical activity learning environments. [Explore Inclusion resources on Anywhere PD.](#)

