



Active Insight: Evidence in Action

Tip #538



Mapping Local Opportunities

Overview

Awareness of local opportunities in Years 3–6 supports students to investigate and apply strategies for active lifestyles. Connecting learning beyond school builds confidence, promotes participation, and enhances wellbeing. This approach strengthens real-world relevance and supports ongoing engagement in movement experiences. It encourages students to explore local activities, recognise participation pathways, and build positive habits across community settings. Embedding awareness of local opportunities within learning experiences strengthens motivation, belonging, and lifelong participation.

Key Teaching Ideas

Build awareness of local opportunities that encourage active lifestyles and ongoing movement participation. Use community links, practical experiences, and shared information to strengthen engagement and confidence. Encourage students to explore local movement options and apply active participation strategies beyond school settings. Provide opportunities for reflection, goal setting, and identifying community pathways for physical activity involvement. Foster supportive environments that build wellbeing, belonging, confidence, and lifelong participation.

Practical Application

- Create local activity maps highlighting opportunities for participation and engagement
- Invite guest speakers sharing experiences and promoting community connections effectively
- Display information boards supporting awareness of local movement opportunities
- Build community links encouraging participation beyond school environments consistently
- Facilitate class discussions exploring local options and student interests

Next Steps

Strengthen partnerships with local providers. Community connections help support ongoing participation, confidence, and meaningful engagement beyond school contexts. Explore [Active Education Australia Resources](#).

