



Active Insight: Evidence in Action Tip #542



Linking School to Community Sport

Overview

Linking school to community sport in Years 3–6 supports students to investigate opportunities for ongoing participation. Clear pathways build confidence, enhance engagement, and support wellbeing. This approach encourages sustained involvement and meaningful connections beyond school learning. It encourages students to explore local opportunities, develop positive participation habits, and build connections within community physical activity settings. Embedding links between school and community sport strengthens belonging, motivation, and lifelong participation.

Key Teaching Ideas

Create connections between school and community sport to encourage ongoing participation and active lifestyles. Use local partnerships, shared opportunities, and practical experiences to strengthen engagement and confidence. Encourage students to explore community activities, apply movement skills, and participate positively beyond school settings. Provide opportunities for reflection, goal setting, and building awareness of local physical activity pathways. Foster supportive environments that build wellbeing, belonging, confidence, and sustained participation.

Practical Application

- Organise club information sessions supporting awareness and engagement opportunities
- Discuss skill transfer linking school learning to community sport contexts
- Promote community events encouraging participation and broader engagement opportunities
- Provide trial opportunities supporting confidence and exploration of new activities
- Facilitate reflection activities reinforcing connections and learning outcomes clearly

Next Steps

Build pathways through partnerships. Strong community connections help support confidence, engagement, and sustained participation beyond school learning environments. Explore [Active Education Australia Resources](https://www.activeeducationaustralia.edu.au).

