



Active Insight: Evidence in Action

Tip #563



Creating Leadership Pathways

Overview

Leadership pathways in Years 3–10 support students to apply and refine leadership skills across stages. Structured pathways enhance confidence, build responsibility, and support wellbeing. This approach ensures continuity and meaningful development. It encourages students to strengthen communication, decision-making, and collaboration skills through progressive leadership opportunities in movement experiences. Embedding leadership pathways across learning contexts supports resilience, participation, and positive growth over time.

Key Teaching Ideas

Develop leadership pathways that provide progressive opportunities for students to build confidence and responsibility. Use student-led activities, collaborative tasks, and reflective practices to strengthen engagement and participation. Encourage students to apply communication, teamwork, and decision-making skills across movement contexts. Provide opportunities for mentoring, goal setting, and leadership development through physical activity experiences. Foster supportive environments that build wellbeing, resilience, confidence, and meaningful development.

Practical Application

- Map leadership roles supporting progression across year levels consistently
- Provide increasing responsibility supporting development and confidence outcomes
- Use mentoring supporting growth and shared leadership experiences effectively
- Offer varied roles supporting engagement and leadership skill development
- Use reflection supporting understanding of leadership growth and outcomes

Next Steps

Create structured pathways. Progressive leadership opportunities help support confidence, engagement, and meaningful participation across physical education contexts. Explore [The Ultimate PE Program](#).

