



Active Insight: Evidence in Action

Tip #571



Developing Student Role Models

Overview

Role models in Years F–10 support students to demonstrate positive movement behaviours and attitudes. Visible leadership enhances engagement, builds confidence, and supports wellbeing. This approach strengthens culture. It encourages students to learn through positive examples, develop respectful behaviours, and contribute constructively within movement experiences. Positive role models also help students develop motivation, leadership skills, and stronger connections within school and physical activity communities.

Key Teaching Ideas

Use positive role models to encourage respectful behaviours and active participation in movement learning. Provide leadership opportunities, supportive feedback, and collaborative experiences to strengthen engagement and confidence. Encourage students to demonstrate positive attitudes, support peers, and contribute constructively during physical activities. Provide opportunities for reflection, teamwork, and recognising positive examples across movement contexts. Foster inclusive environments that build wellbeing, resilience, connection, and positive culture.

Practical Application

- Highlight positive behaviours supporting role modelling and engagement consistently
- Use student leaders demonstrating effective participation and movement behaviours
- Provide opportunities supporting visible leadership across learning contexts consistently
- Encourage peer influence supporting positive participation behaviours effectively
- Celebrate role models reinforcing confidence and meaningful engagement outcomes

Next Steps

Develop role models intentionally. Student leadership strengthens culture, engagement, and meaningful participation across physical education contexts. Explore [The Ultimate PE Program](#).

