



# Active Insight: Evidence in Action

## Tip #573



## Creating a Participation-Focused Culture

### Overview

Participation-focused cultures in Years F–10 support students to engage regularly in movement experiences. Inclusive environments enhance confidence, build connection, and support wellbeing. This approach strengthens engagement and meaningful participation. It encourages students to value involvement, develop positive relationships, and contribute actively within movement and learning settings. Embedding participation-focused practices across physical activity contexts promotes belonging, resilience, and ongoing engagement.

### Key Teaching Ideas

Develop participation-focused environments that encourage regular involvement and positive engagement in movement learning. Use inclusive activities, supportive routines, and collaborative experiences to strengthen confidence and connection. Encourage students to contribute positively, support peers, and value participation across physical activities. Provide opportunities for teamwork, reflection, and recognising effort within different movement contexts. Foster welcoming environments that build wellbeing, belonging, resilience, and meaningful participation.

### Practical Application

- Use inclusive language promoting participation and belonging across activities consistently
- Celebrate involvement reinforcing engagement and positive participation behaviours regularly
- Provide varied options supporting access and meaningful participation outcomes
- Encourage effort supporting confidence and sustained engagement consistently
- Build routines supporting regular participation across learning environments

### Next Steps

Build participation-first cultures. Inclusive approaches strengthen engagement, confidence, and meaningful involvement across physical education contexts. [Explore Inclusion resources on Anywhere PD.](#)

