



# Active Insight: Evidence in Action

## Tip #576



## Creating Shared Goals

### Overview

Shared goals in Years F–10 support students to participate collaboratively and apply movement skills. Collective focus enhances engagement, builds confidence, and supports wellbeing. This approach strengthens connection and school culture. It encourages students to work cooperatively, support one another, and contribute positively towards shared learning and movement outcomes. Embedding shared goals across physical activity experiences promotes inclusion, belonging, and meaningful participation.

### Key Teaching Ideas

Use shared goals to encourage collaboration, participation, and positive engagement in movement learning. Provide cooperative activities, team challenges, and group reflection opportunities to strengthen confidence and connection. Encourage students to communicate effectively, support peers, and contribute towards common outcomes during physical activities. Provide opportunities for teamwork, problem-solving, and recognising collective achievements across learning contexts. Foster inclusive environments that build wellbeing, belonging, resilience, and positive school culture.

### Practical Application

- Set class goals supporting collaboration and shared participation outcomes
- Use team challenges supporting engagement and collective success experiences
- Track progress supporting motivation and shared responsibility outcomes consistently
- Celebrate achievements reinforcing connection and positive behaviours regularly
- Encourage reflection supporting understanding of group success outcomes

### Next Steps

Use shared goals to build culture. Collective focus strengthens engagement, connection, and meaningful participation across contexts. [Explore Inclusion resources on Anywhere PD.](#)

