



Active Insight: Evidence in Action

Tip #581



Embedding Recognition Daily

Overview

Daily recognition in Years F–10 supports students to participate confidently and engage in movement learning. Consistent acknowledgement enhances motivation, builds confidence, and supports wellbeing. This approach strengthens participation. It encourages students to recognise personal achievements, value effort, and develop positive attitudes towards learning and movement experiences. Embedding daily recognition across physical activity contexts supports belonging, resilience, and ongoing engagement.

Key Teaching Ideas

Incorporate daily recognition strategies that celebrate effort, progress, and positive participation in movement learning. Use encouragement, feedback, and shared success experiences to strengthen engagement and motivation. Encourage students to acknowledge achievements, reflect on growth, and support others during physical activities. Provide opportunities for goal setting, collaboration, and recognising individual contributions across learning experiences. Foster positive environments that build wellbeing, resilience, confidence, and participation.

Practical Application

- Use daily feedback supporting engagement and confidence consistently
- Recognise effort reinforcing positive participation behaviours across lessons
- Use quick acknowledgements supporting motivation and engagement outcomes effectively
- Highlight progress supporting meaningful learning and participation consistently
- Build routines supporting consistent recognition across learning environments

Next Steps

Embed recognition into routines. Consistency strengthens motivation, engagement, and meaningful participation across physical education contexts. [Explore Inclusion resources on Anywhere PD.](#)

