



Active Insight: Evidence in Action

Tip #807



Designing Interdisciplinary Learning Opportunities

Overview

Interdisciplinary opportunities strengthen participation, confidence, wellbeing, and understanding through interdisciplinary movement experiences supporting meaningful engagement and inquiry. Inclusive learning environments encourage communication, teamwork, and positive decision-making while strengthening participation pathways and collaborative thinking. Students benefit from supportive interdisciplinary opportunities promoting motivation, active involvement, and lifelong physical activity participation successfully together consistently.

Key Teaching Ideas

Effective interdisciplinary experiences strengthen engagement through collaboration, communication, and reflective participation opportunities supporting meaningful learning. Develop project participation opportunities encouraging teamwork, confidence, and positive decision-making throughout activities. Facilitate inclusive participation strategies, inquiry discussions, and collaborative planning approaches helping students strengthen relationships, maintain engagement, and develop sustainable movement participation habits across diverse learning environments consistently successfully together throughout participation experiences regularly.

Practical Application

- Develop project movement challenges supporting collaborative interdisciplinary learning opportunities.
- Use project investigations strengthening reflective interdisciplinary participation during activities.
- Facilitate inquiry discussions connecting collaborative movement learning experiences regularly.
- Design adaptive movement tasks encouraging inclusive curriculum participation consistently.
- Encourage collaborative investigations strengthening interdisciplinary teamwork and participation opportunities.

Next Steps

Explore Active Education Australia Resources supporting interdisciplinary curriculum planning and collaborative inquiry opportunities.

