



Active Insight: Evidence in Action

Tip #810



Differentiating Assessment Through Inclusive Movement

Overview

Differentiated assessment opportunities strengthen participation, confidence, wellbeing, and inclusion through adaptive movement experiences supporting meaningful engagement and accessibility. Inclusive learning environments encourage communication, teamwork, and positive decision-making while reducing participation barriers and strengthening participation pathways. Students benefit from supportive assessment opportunities promoting motivation, active involvement, and lifelong physical activity participation successfully together consistently.

Key Teaching Ideas

Effective assessment differentiation experiences strengthen engagement through collaboration, communication, and reflective participation opportunities supporting meaningful learning. Provide varied assessment opportunities encouraging teamwork, confidence, and positive decision-making throughout activities. Facilitate inclusive participation strategies, adaptive discussions, and collaborative planning approaches helping students strengthen relationships, maintain engagement, and develop sustainable movement participation habits across diverse learning environments consistently successfully together throughout participation experiences regularly.

Practical Application

- Provide varied movement options supporting inclusive assessment participation opportunities.
- Use scaffolded assessment strategies strengthening confidence during movement learning experiences.
- Encourage adaptive movement challenges supporting collaborative assessment participation consistently.
- Facilitate inclusive assessment activities encouraging successful participation opportunities regularly.
- Adapt assessment opportunities supporting reflective movement participation and confidence.

Next Steps

Explore Inclusion resources on Anywhere PD supporting differentiated movement assessment opportunities.

The TREE Approach is informed by inclusive education, adaptive physical activity, and the Australian Sports Commission's Playing for Life philosophy (Australian Sports Commission, 2015).

