



# Active Insight: Evidence in Action

## Tip #813



## Embedding Culturally Responsive Movement Opportunities

### Overview

Culturally responsive opportunities strengthen participation, confidence, wellbeing, and understanding through inclusive movement experiences supporting meaningful engagement and collaboration. Inclusive learning environments encourage communication, teamwork, and positive decision-making while strengthening participation pathways and cultural understanding. Students benefit from supportive cultural opportunities promoting motivation, active involvement, and lifelong physical activity participation successfully together consistently.

### Key Teaching Ideas

Effective culturally responsive experiences strengthen engagement through collaboration, communication, and reflective participation opportunities supporting meaningful learning. Include diverse movement opportunities encouraging teamwork, confidence, and positive decision-making throughout activities. Facilitate inclusive participation strategies, cultural discussions, and collaborative planning approaches helping students strengthen relationships, maintain engagement, and develop sustainable movement participation habits across diverse learning environments consistently successfully together throughout participation experiences regularly.

### Practical Application

- Include diverse movement experiences supporting collaborative cultural participation opportunities.
- Encourage respectful discussions strengthening inclusive movement participation and understanding regularly.
- Use adaptive movement activities supporting culturally responsive participation opportunities.
- Facilitate inclusive movement challenges encouraging collaborative engagement opportunities consistently.
- Reflect regularly following culturally responsive movement participation opportunities consistently.

### Next Steps

Explore Inclusion resources on Anywhere PD supporting culturally responsive movement participation opportunities.

*Respectful Relationships approach is informed by the Resilience, Rights and Respectful Relationships teaching and learning materials (Department of Education and Training Victoria, 2018), social and emotional learning frameworks (CASEL, 2020), and contemporary research in gender equality, consent, and respectful relationship education.*

