



Active Insight: Evidence in Action

Tip #815



Streamlining Cross-Curricular Movement Learning

Overview

Cross-curricular movement opportunities strengthen participation, confidence, wellbeing, and understanding through integrated learning experiences supporting meaningful engagement and collaboration. Inclusive learning environments encourage communication, teamwork, and positive decision-making while strengthening movement competence and participation pathways. Students benefit from supportive movement opportunities promoting motivation, active involvement, and lifelong physical activity participation successfully together consistently.

Key Teaching Ideas

Effective cross-curricular movement experiences strengthen engagement through collaboration, communication, and reflective participation opportunities supporting meaningful learning. Use shared movement investigations encouraging teamwork, confidence, and positive decision-making throughout activities. Facilitate inclusive participation strategies, inquiry discussions, and collaborative planning approaches helping students strengthen relationships, maintain engagement, and develop sustainable movement participation habits across diverse learning environments consistently successfully together throughout participation experiences regularly.

Practical Application

- Use shared movement investigations supporting collaborative curriculum learning opportunities.
- Include movement discussions strengthening reflective participation during integrated learning experiences.
- Embed differentiated movement challenges encouraging inclusive student participation consistently.
- Align assessment opportunities supporting collaborative movement learning and engagement.
- Reflect collaboratively following integrated movement participation and inquiry opportunities.

Next Steps

Explore Assessment planning resources supporting collaborative curriculum design and integrated movement participation.

